

Parents, we want to hear from you!

Parent/Carer Focus Meeting Opportunity for Families from the **Hong Kong Community** to share their views



An interpreter will be present who will translate the discussion in Cantonese.

The Mental Health Support Team (MHST) would love to hear from parents and carers across Kingston and Richmond. We are inviting you to join an upcoming discussion session to share your views, experiences and ideas.

Your voice can help us understand how schools and services can better support the emotional wellbeing of all children, young people and families in our communities.

You **do not** need to have used mental health services or sought support for your child to take part. We welcome all perspectives and would love to hear from as many parents and carers from the Hong Kong community as possible.

Event details

Friday 19th June 2026

11:00am–12:00pm

Two sessions will run **at the same time** — please choose the option that works best for you:

In-person discussion

Heatham House Youth Centre, Whitton Road, Twickenham, TW1 1BH
Tea, coffee and refreshments provided

Online discussion session

Via video call

Please register your interest by completing the Google Form at the link below:

[RSVP: MHST Parent Focus Group](#)

We would love to hear your thoughts on:

- **Your experiences:** What has it been like supporting your child's emotional wellbeing?
- **What helps families:** What makes it easier for families to find information, advice or support when they need it?
- **Different experiences and perspectives:** How might culture, language, community or family experiences shape people's views or experiences?
- **Ideas for the future:** What could schools and services do to better support children and families?

Your Participation Matters

By taking part, you help us ensure that every family feels heard and supported. Your insights will directly contribute to developing strategies that prioritise the mental health of all young people in our community.

Confidentiality & Care: We want everyone to feel comfortable. Information shared will be treated confidentially and used only to improve our services. Individual comments will not be attributed to specific participants. If any part of the discussion feels uncomfortable, you are free to take a break or choose not to answer.

More information about the MHST can be found here: [MHST leaflet \(for parents\)](#)

How to Sign Up

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