# WHAT'S FOR LUNCH THIS SPRING/SUMMER?

#### Caterlink is an award-winning food service provider catering for primary schools across the country.

We are passionate about providing your children with freshly prepared school lunches that are true to our fresh food heritage. All our menus are nutritionally analysed to ensure they meet and, in most cases, exceed The School Food Standards set by our nutrition team. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have reduced sugar in our desserts to below the 6.5g recommendations by Public Health England and have been recognised as leading the way by SUGAR SMART UK. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

### KEEP IN TOUCH

You can keep up to date with what's going on by visiting our web site <u>https://caterlinkltd.co.uk/my-caterlink</u> to find the latest news and information about our upcoming theme days and our current menus. You can also get in touch

through our Contact Us page. We appreciate all feedback on our service.

## UNIVERSAL INFANT FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2, they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

#### FREE SCHOOL MEALS

Low Income - Are you missing out? To check if you are entitled to Free School Meals entitlement ask at your school office.

### RECRUITMENT

We are always looking for new talented team members, if you are interested in joining Caterlink or becoming an apprentice visit us through our web site. https://caterlinkltd.co.uk/jobs-careers/ or email hrsupport@caterlinkltd.co.uk

#### ALLERCY INFOMATION

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.





Spring Summer 2024 2 Option		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Option One	Cheese & Tomato Pizza with Pasta Salad	Penne Bolognaise	Sausages, Roast Potatoes & Gravy		Fishfingers with Chips & Tomato Sauce
15/04/2024 06/05/2024 03/06/2024 24/06/2024 15/07/2024	Option Two	Jacket Potato with a Filling of the day	Vegan Penne Bolognaise	Vegan Sausages, Roast Potatoes & Gravy	Greek Chicken Pitta with Rice, Tzatziki & Salad or Cheese Whirl with Rice, Tzatziki & Salad	Jacket Potato with a Filling of the day
09/09/2024 30/09/2024 21/10/2024	Dessert	Freshly Chopped Fruit Salad	Apple Crumble with Ice Cream	<b>NEW</b> Berry Mousse	Iced Vanilla Sponge	Vanilla Shortbread
WEEK TWO	Option One	Pasta Kitchen Tomato Pasta or	Burger with Potato Wedges & Tomato Sauce	Roast Chicken, Stuffing, Roast Potatoes, & Gravy	Beef Lasagne with Garlic Bread 📢	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
22/04/2024 13/04/2024 10/06/2024 01/07/2024 22/07/2024	Option Two	Carbonara Pasta with Toppings	Vegan Burger with Potato Wedges & Tomato Sauce	Vegetable Wellington, Stuffing, Roast Potatoes & Gravy	Jacket Potato with a Filling of the day	NEW Vegan Sausage Roll with Chips & Tomato Sauce
16/09/2024 07/10/2024	Dessert	NEW Chocolate Brownie	NEW Iced Biscuit	Fruit Medley	Jelly with Mandarins	Oaty Cookie
WEEK THREE	Option One	<b>NEW</b> All-Day Vegetarian Breakfast	FIESTA ESPANOL Chicken Paella with	Roast Gammon, New Potatoes or Mashed Potatoes & Gravy	NEW Chicken Fajitas with Rice	Fishfingers with Chips & Tomato Sauce
29/04/2024 20/05/2024 17/06/2024 08/07/2024 02/09/2024	Option Two	Jacket Potato with a Filling of the day	Patatas Bravas or Veggie Meatballs with Patatas Bravas	Jacket Potato with a Filling of the day	Macaroni Cheese	Cheese & Bean Pasty with Chips
23/09/2024 14/10/2024	Dessert	Syrup Snap Biscuit	Fruit with Ice Cream	Fruit Platter 🔶	Chocolate Shortbread 💫	Summer Lemon Cake
MENU KEY Special Added Plant Power Wholemeal Vegan Chef's Special If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a						
Available Daily: - 2 Types of Seasonal Vegetables - Bread Freshly Baked on Site - Daily Salad Selection school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of our kitchens it is not possible to completely remove the risk of allergen cross contact						
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