



St Luke's Physical Education Vision

Physical Education

At St Luke's we have a clear vision when teaching Physical Education:

1. Promote a healthy, active lifestyle for all.
2. Promote an inclusive curriculum for all.
3. Promote and encourage a positive attitude and value of fair play in sports.

Staff at St Luke's help you believe that you can achieve more than you think.

- Millie Newell, Year 6.

Sports at St Luke's is always exhilarating and fun. Attending sporting events is always exciting!

- Oliver Blacklock, Year 6



St Luke's silver sports awards are awarded to children who have represented the school at a competition. The St Luke's gold sports badges are presented termly and are awarded to the person who has displayed great sports personship throughout that term.

High quality teaching and learning is a whole school initiative that underpins the success of all of our students. At St Luke's we believe in the idea of 'sport for all'. Physical Education is synonymous with competitive sport and although it is widely accepted that competitive sport has a vital role to play in a young person's development, its emphasis should not be so great as to exclude some students. At St Luke's we make every attempt to ensure that 'all students' are given opportunities to engage in sport whether it be recreational or competitive.

Sport at this school has helped me develop in so many ways, socially and physically.

From taking part at sports at St Luke's I have learned the vital skills of teamwork.

- Alex Watson, Year 6.

In year 6 we ensure that every child who wishes to represent the school competitively has an opportunity to take part in borough based activities.

We recognise that health and wellbeing are one of the most important aspects of our life. The primary focus of our curriculum is to promote a lifelong enjoyment of physical activity and exercise. We aim to promote progression from nursery to year 6 in accordance to Development Matters in the early years foundation stage and the national curriculum, through a high quality Physical Education programme.

With a high quality Physical Education programme, we empower our students with the knowledge and skills necessary to make responsible lifestyle choices that directly affect their health and wellbeing. In physical education we realise the importance of promoting an active lifestyle, from Nursery to Year 6 we ensure that every child has an opportunity to access physical enrichment opportunities; this includes sports days and residential trips.